



SUPPORTIVE HOUSING COMMUNITIES

# VOLUNTEER OPPORTUNITIES

## Sharing Your Time and Talents with Your SHC Neighbors

Volunteer times are flexible. Children age 12 and up are welcome to volunteer when accompanied by an adult. Volunteer projects can be scheduled Monday - Saturday from 9:00am - 6:00pm.

**Art/Music Classes:** Provide (photography, painting, drawing, or music classes). Please provide materials.

**Birthday Celebrations:** Celebrate with our residents. Provide birthday cake and ice cream.

**Business Professionals:** Provide your expertise with our residents, i.e., (legal support, banking, accounting, etc.).

**Cleaning Projects:** Deep cleaning (spring, fall, and prior to holidays). Provide all cleaning supplies and equipment.

**Coffee Talk Volunteer:** Gather with our residents on Fridays from 10:30 - 11:30 a.m. Share a cup of coffee and discuss current events. Provide donuts or bagels.

**Community Garden:** Spring and fall clean up. Provide mulch, vegetable plants, or garden decor. Planting in the spring.

**Computer Skills:** Provide basic computer skills classes.

**Cook-Off Events:** Have each person in your group bring their favorite recipes for the residents to judge the best dish. For example, (Chili Cook-Off, Mac and Cheese Cook-Off, Casserole Cook-Off). This is lots of fun!

**Cooking Class:** Teach healthy food preparation. Provide food, cooking equipment, disposable plates, cups, napkins, and utensils for one wing, 10- 12 residents.

**Cultural Events:** Provide tickets and transportation for local sporting events or theatrical events.

**Donation Drive:** We have a "Wish List" of basic needs for our residents. Lead a donation drive in your neighborhood, church, or workplace.

**Front Desk Volunteers:** Greet guests, service providers, and residents. Distribute Friendship Trays.

**Fun Activities:** Provide bowling night at the local bowling alley. A golf outing, billiards, spades tournament, or movie night. Consider picnic, cook-out/BBQ, or park outing.

**Life Skills Classes:** Provide Life skills workshops, programs on resume writing, job interview skills, job retention, etc.

**Meals:** Holiday events or cook-outs for breakfast, lunch, or dinner. Provide, prepare and serve a meal and drinks for 90-125 residents.

**Donation Inventory:** Organize our in-kind donations closet and inventory the items.

**Pack a Sack:** Set up a project at your office or church to fill new backpacks with school supplies for the 80+ children we support or fill backpacks filled with summer supplies for our children or fill storage bags with general hygiene supplies for 90-125 adults.

**Physical Fitness:** Physical fitness program. (Dance class, yoga, basic exercise class, etc.)

CONTACT US



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